

# Cultivating Resilience and Compassion

*a continuing education event  
for spiritual caregivers and allies*

**Monday, July 16, 2018 • 9 a.m. – 5 p.m.**

at the University of California, San Francisco



- Learn from experts in spiritual care about how to sustain your self while enhancing your service to others
- Enjoy opportunities to interact with peers and colleagues
- Earn continuing education hours for maintaining certification

Sessions include

## **What I've Learned About Resilience: Field Notes from a Palliative Care Chaplain**

facilitator: The Rev. Denah Joseph, MS, MFT, BCC  
Associate Director, UCSF Palliative Care Service



*and*

## **Compassion-Centered Spiritual Health: Insights from Cognitively-Based Compassion Training (CBCT®)**

facilitator: The Rev. Maureen Jenci Shelton, MDiv, ACPE Educator  
Director of Education  
Spiritual Health at Emory Healthcare, Atlanta



**UCSF Medical Sciences Building – Cole Hall** (ground floor)  
**513 Parnassus Avenue, San Francisco**

registration fee \$25 (check or money order payable to UC Regents)

for more information, please contact

[spiritualcareservices@ucsf.edu](mailto:spiritualcareservices@ucsf.edu) or call 415-353-1941

**UCSF Health**

